



# Make the connection

Diet, exercise, smoking and substance use are the main factors affecting wellness. Substance use may be the one thing you're not asking about. Asking the right questions gives you the right information. Connecting substance use with health, SBIRT is a small investment with large returns, both in costs and improved health. Interactive SBIRT training is available online at SBIRTmentor where you can access and complete training on your own schedule. Make the connection with SBIRTmentor.

[www.CMECorner.com/SBIRTmentor](http://www.CMECorner.com/SBIRTmentor)  
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substance use  
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